

INFLUENZA VACCINATION CAN HELP PREVENT HEART ATTACKS

Influenza increases the risk of heart attack more than



immediately after influenza infection¹

This appears to have a similar range of effectiveness³ as traditional cardiovascular intervention in prevention of influenza triggered heart attacks:

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High cholesterol medication Risk reduction up to



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High blood pressure medication Risk reduction up to



Vaccination can reduce the risk of heart attacks up to

> Smoking cessation Risk reduction up to

-43%

For more information, please consult the following references:

Kwong et al., 2018. NEJM ; Warren-Gash C, et al. Eur Respir J. 2018-51 ; Ohland J. et al., Eurosurveillance 2020. Macintyre et al., 2016. Heart.

These data are derived from individual studies by the author of the publication, not from head to head control trials.

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